

## **THE GRAPEVINE**

#### July 2019

# The Official Newsletter of THE CAPITAL WINGS

Gold Wing Road Riders Association
Oregon District Chapter G

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OR-G Membership Enhancement Coordinator					
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OR-G Ride Coordinator					
OR-G Dinner Ride Coordinator	Mike Gohman	503-528-4512 Please leave message	mikeg@ntnonline.com		
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Chapter G www.gwrraoregong.com	3 <sup>rd</sup> Sat. Breakfast at 8:00 a.m. Almost Home Restaurant 3310 Market St. NE Salem, OR	Salem	Trent & Debbie Axen Taxen_1@msn.com 503-949-2699		
Chapter I www.gwrraoregoni.com	2nd Sat. Breakfast at 8:00 a.m. Meeting at 9:00am The Bomber Restaurant 13515 SE McLoughlin Blvd. Milwaukie, Oregon	Oregon City	Bijou & Mike White thebij47@gmail.com 360-620-1536		

#### **RIDING IN THE SUMMER HEAT**

GE 4 GEORGIA CHAPTER L VOLUME 17, ISSUE 7

Riding in the Heat Means Staying Hydrated

Murry and Dawn Cail Senior Rider Educators

With the skyrocketing temperatures of summer now upon us, we need to take a little extra care to keep our minds and bodies tuned-up to deal with the heat. One easily preventable and often overlooked safety hazards on the road is dehydration. What is dehydration? In simple terms, dehydration is using more water than your body is taking in. This means you don't need to be running a marathon for dehydration to set in. The act of riding your motorcycle in the heat can be a cause. Spending hours in the saddle under the hot sun without replenishing your fluids can be a recipe for disaster. What are some of the symptoms of dehydration? • Headache • Weakness • Dry Mouth • Increased Thirst Do you feel a little "off?" Listen to your body. The dizziness or sluggishness a motorcycle rider may experience as a result of not taking in enough fluids can have dire consequences. Hot Weather Motorcycle Riding—Be Prepared Often, your body may be experiencing mild dehydration before common symptoms begin to appear. With a small amount of extra planning before you get on your bike, you can keep your body strong and your mind sharp for the duration of your ride. "An ounce of prevention is worth a pound of cure." - Ben Franklin Reusable Water Bottles A thermos or reusable water bottle in the drink holder on your bike, as well as an extra packed in a cooler in your saddlebags or trunk could be just what the doctor ordered. When your bottle is empty on the bike, stop, replenish your fluids and at the same time give your body a few moments to rest. Pick a nice, shady spot and enjoy the scenery while you recharge your battery and fluids. What to Drink Water is the best option for keeping your body hydrated. A sports drink is also a good choice. Caffeinated beverages like soda, coffee and teas are diuretics and actually encourage fluid loss. Ride Smart, Ride Safe! Don't leave your personal safety to chance during the dog days of summer. Leave home prepared with something to drink in your drink holder and more in a cooler for along the way.

#### Getting to Know You

Do you know John Law? He has some very interesting stories to tell. Before he retired he was a Mold Technician at Sidel, Inc. Who knew he was from Atlanta? John has been riding since he was 16 years old and currently rides a 2015 Spyder RTS. He also owns a 2010 Spyder RT and has, in the past, ridden a Yamaha 400 and a Yamaha 650 which he also still has.

John likes riding with Chapter L as well as by himself. He says we are a "fine group" to ride with.

His hobbies include photography and ham radio. He is a certified scubanav+pad1+NSS-CDS.

If you don't know John, please get to know him.

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# Trent's Talk

I hope everyone has been able to take advantage of the good weather we have been having.

On Friday, May 31, 2019, Charter Member Jim Wall passed away. A Memorial Service was held on Sunday, June 9th at 1:00 at the clubhouse of Paradise Island. Lots of stories of Jim's life were shared. Everyone even got to hear about "Tepid" water. Helen and the family were extremely pleased that there were 18 motorcycles that were in the parking lot. Please continue to keep Helen and the family in your thoughts and prayers.

July is going to be a busy month. We have the planning meeting, lunch rides, dinner rides, a fireman's breakfast and a campout scheduled.

Are you ready for SPAM "2" the Sequel. On July 12<sup>th</sup> - 14<sup>th</sup> we have our scheduled Campout at "Tokatee Illahee Campground, which is owned and operated by Toledo Oregon Elks Lodge 1664 located at 20590 Hwy 229 Siletz, Oregon 97380, 541-444-2733. Camping fee is \$24.00 Friday and Saturday night. I have been advised that they will have ice (\$2.00) per bag and wood (\$5.00) per load for sale. Generators can only be used for CPAPS after 11PM. If you haven't made your reservations with Gene Anderson yet, please call him.

No other real changes from previous campouts. Remember this is a dry camp!! There is no water or electricity at the camp sites. Port-a-potties are near our campsites as well as water from the nearby Gazebo.

Bring whatever games you want to play: Bacci Ball, Badminton, Volley ball, Lawn darts, ladder golf balls?? etc

We will have a Potluck breakfast on Saturday, unless you want something else. Lunches and Friday night dinner will be on your own. Fine dining in nearby Siletz, Toledo and Newport. We will have our Spam dinner/potluck on a Saturday night. It's time to break out your favorite Spam recipe and have it ready for Saturday's dinner.

#### Directions to Park:

Traveling west on OR Hwy 20, take Hwy 229 north at the Toledo/Siletz junction, continue on through Siletz go approximately 3 miles, cross the second green bridge and park is immediately on your left. We are on the upper level. If you are in an RV and cannot negotiate the turn up to the campsite (new barriers), stop at the office for directions.

From Oregon Hwy 101, just south of Lincoln city take Hwy 229 at the Kernville Junction. Continue for about 21 miles and park is on the right. If you passed green steel bridge you passed the park.

Any questions, call Gene Anderson @ 503-371-7311 or email geneanderson1@ comcast.net.

Checkout July's Happenings to see what else is taking place in July. There is still room for some more activities, so if you have something you would like to see added, let me know and we can get it added.

I am looking forward to seeing you at one or more of our upcoming activities.

Be safe out there, the only person truly looking out for you is yourself.

Trent



# **JULY HAPPENINGS"**



On July 1s. Is our planning Meeting at Curt & Jan's House.

On July 4th. There is a Fireman's Breakfast in Independence. We will meet at West Salem Safeway with kickstands up at 9:00am.

On July 6th. We will leave Curt & Jan's' house at 9:00am for a lunch ride to Frink's Store in Fall City.

Wednesday night the 10th. is a dinner ride to Sierra Restaurant & Market in Gates, Oregon , We'll meet at Shopko & leave at 6:00. Please contact Mike Gohman at 503-528-4512 or Please leave a message. Mike needs a head count for the Restaurant. This assures that the service that they would like to provide & be known for, can be delivered. A quick phone call would be much appreciated as a courtesy to Mike & the restaurant.

July 12th.-14th. Is the Elks Campout in Toledo.

Our Chapter Gathering in on Saturday the 20th. Breakfast is at 8am at Almost Home Restaurant in Salem. And then after The Gathering a lunch Ride to Salty Dawg Bar & Grill in Waldport.

We have another Wednesday night dinner ride on the 24th. to Mt. Angel Sausage Company, We will be leaving Cycle Country at 6:00pm. THE FOOD & SERVICE ARE GREAT! We need a great showing to keep this once a year dinner event going! Again please let Mike Gohman know, so he can contact the restaurant with a head count.

Checkout all the flyers in this months Grapevine for upcoming events!

These are our scheduled "Happenings" this month, but you never know what might pop up!



We are always looking for pictures to add to Thee Grapevine or our Chapter G Web Page Please send your pictures to darkforrest@comcast.net and you will receive credit for your contribution.

This months
Chapter G Planning Meeting
will be at
Frink's Shop
6372 Sunnyview Rd. N.E.
Salem. Oregon
See you on
Monday July 1st. See you there!
At 6:00pm

This months
Chapter G Gathering
will be at
The Almost Home Restaurant
3310 Market St. N.E. Salem, Oregon
Saturday July 20th..
Breakfast at 8:00am
Hope to see you there!

# **JULY BIRTHDAYS**



Joy Bean	
Don Gimbel	4th.
Graham Munsell	5th.
Trent Axen	6th.
Marilyn Morris	7th.
Dale Belshe	12th.
	14th.
Bill Choate	19th.
Mike Bean	23rd.
Teresa Belshe	31st.

# **JULY ANNIVERSERIES**



Miles O Law Boom	1st.
Mike & Joy Bean	136
Mike & Tony Robinson	7th.
Guy & Tracey Stewart	7th.
Curt & Jan Frink	21st.
Todd & Angie Allen	23rd.
Allen & Marsha Burden	31st.

The Grapevine publishes Chapter G Member's Birthdays & Anniversaries each month .

Do you wish to see yours in print?

If we are missing yours, please send an e-mail to:

taxen\_1@msn.com or darkforrest@comcast.net

Contact Mike or Toni Robinson 503-393-2387 mtrobinsonJuly72007@gmail.com



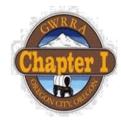
#### THE GRAPE STORE



T-SHIRTS (sm-xl) (limited sizes available)	Contact for pricing	POLO SHIRTS (sm-xl)	\$18.00
T-SHIRTS (xx-xxx) (limited sizes available)	Contact for pricing	POLO SHIRTS (xxl)	\$19.00
(IIIIItou Sizos avaliabio)		TANKS TOPS (sm-xl)	\$11.00
T-SHIRTS LONG SLEEVE	Contact for		
(limited sizes available)	pricing	BLACK ROCKER SET	\$15.00
SWEATSHIRTS (sm-xl)	\$18.00	HATS	\$10.00
	***	MENS LARGE & EXTRA LARGE	\$20.00
SWEATSHIRTS (xx-xxx)	\$19.00	T-SHIRTS SS EMBORIDERED LOGO	
Vinyl Cling Logo(4inch)	\$3.00	WOMANS LARGE T-SHIRT SS EMBORIDERED LOGO	\$20.00







### Oregon District's End of Season Campout

Come join in the fun at this years End of Season Campout on September 27-28, 2019.

Chapter G is hosting this years End of Season Campout at 6372 Sunnyview Rd NE Salem. Curt and Jan Frink are allowing us to use their property for the Campout.

If you would like to camp, the camping is free. This is a dry camp. The camping area is available Friday and Saturday evenings. You may arrive any time after 12:00 noon on Friday September 27<sup>th</sup>. Camping spots are on a first come basis.

If you don't want to camp, you are still welcome to attend each day's activities.

If you are planning on camping or just attending the activities, we need you to RSVP to <u>taxen-1@msn.com</u> by August 30<sup>th</sup>. This will allow the planning committee to make the arrangements for food and activities.

There is going to be people games, bike games, rides, lots of stories being told around the campfire, good food, wonderful fellowship, and spending time with some of the greatest people you will ever meet.

Dinner Friday Night at 5:30pm— we are planning on going to a restaurant then returning to the Frink's for games and time around the fire pit.

Saturday Morning Breakfast at 9:00am—Pancakes Eggs and Sausage

Saturday Lunch is on your own.

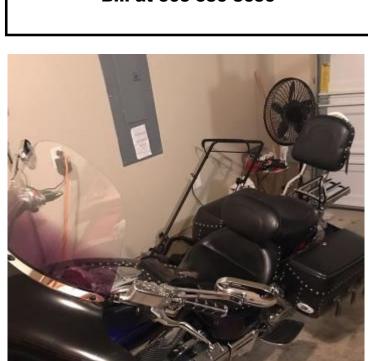
Saturday Dinner at 5:00pm— Ribs, Salad, Veggie tray, baked potato.

Movie - 6:30pm – After the Saturday dinner, we will be showing a movie.

Ice Cream after the movie.

Sunday morning breakfast is on your own.

If you don't attend the End of Season Campout, all you can do is imagine all of the fun everyone had as you read about it in a newsletter.





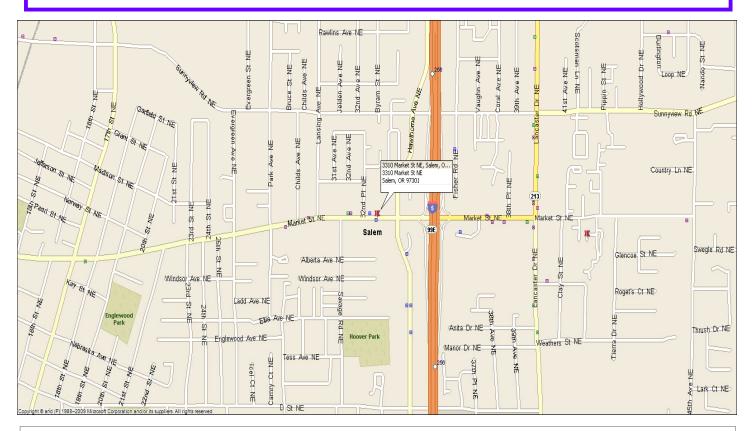








# Chapter G Gathering Location Almost Home Restaurant 3310 Market St. N.E. Salem, Oregon



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2018 Honda Goldwing



New, more powerful 1833cc six-cylinder is more compact and features an all-new, four-valve combustion chamber for more power. Considerably lighter, it produces more torque and horsepower than the previous Gold Wing engine. All Gold Wing Tour models feature a new, next-gen aluminum frame. The chassis is significantly smaller than previous Gold Wings in every dimension—lower, lighter, much narrower, and much easier to handle in the city, on the highway, or on mountain passes. A curb weight nearly 85 pounds less than previous Gold Wings—plus the added engine performance—produce a big power-to-weight advantage that boosts overall performance.

All of us at Taylor Motorcycles pride ourselves with the ability to supply you with the motorcycle, ATV, utility vehicle, or piece of power equipment that will fill your needs for work or play. We also desire to provide you with long term support and service to insure your continued satisfaction and business. Come see for yourself why we have been in business for over 55 years!



Stop by Taylor Motorcycles, Inc. and see This beautiful 2018 Honda Goldwing in Hawks Eye Blue!



# **JULY** 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Planning Meeting	2	3	Independence Day Independence Day Fireman's Breakfast Parade & Evening Fireworks	5	6
7	8	9	10 Dinner Ride Sierra Restaurant & Market –Gates Leave Shopko 6:00pm	11	12 Toledo Elks Campout	13 Toledo Elks Campout
14	15	16	17	18	19	20 Chapter G Gathering 8:00am Lunch Ride to Salty Dawg Bar & Grill Waldport
21	22	23	24 Dinner Ride to Mt Angel Sausage Leave Cycle Country 6:00pm	25	26	27
28	29	30	31	1	2	3